Empowering Men of Color Webinar





Alejandra Acuña, Ph.D., LCSW, PPSC Assistant Professor of Social Work Founder, Minority Male Mentoring (M3) California State University, Northridge





Craig Elliott, Ph.D.

President, ACPA

College Student Educators International

Assistant Vice President for

Enrollment and Student Services

Samuel Merritt University





Adrian H. Huerta, Ph.D.
Assistant Professor of Education
Pullias Center for Higher Education
University of Southern California





Vincent T. Harris, Ph.D.
Director, Male Success Initiative
California State University,
Fullerton

CO-SPONSORED BY:









Empowering Men of Color Webinar

Adrian H. Huerta, PhD
Assistant Professor of Education
University of Southern California

@AdrianHuertaPhD | @USCPullias



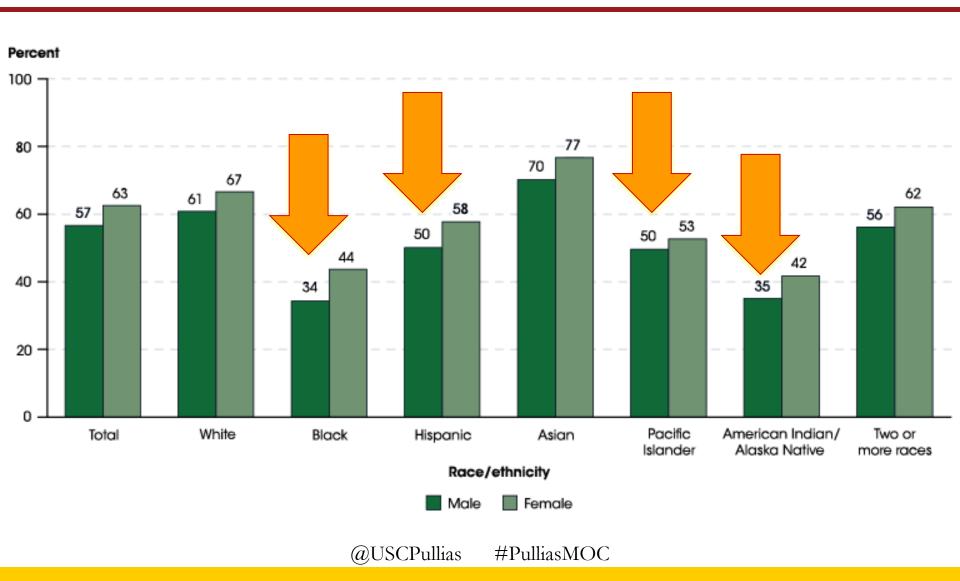
@USCPullias



















- Dr. Adrian Huerta sets the context for this webinar about educational successes for males of color
- Dr. Alejandra Acuña with some of her students will discuss the Minority Male Mentoring (M3) program at California State University Northridge
- Dr. Vincent Harris will share his program history and efforts at California State University Fullerton
- Dr. Craig Elliott will provide his reflections and takeaways from these two efforts
- Dr. Adrian Huerta will talk about the men of color toolkit













Alejandra Acuña, Ph.D., LCSW, PPSC

Instagram: @csun_m3

Facebook Group: CSUN Minority Male Mentoring

Email: m3@csun.edu

@USCPullias











Minority Male Mentoring (M3):

A Multi-Tiered Model for College Success since 2016

Alejandra Acuña, PhD, LCSW, PPSC

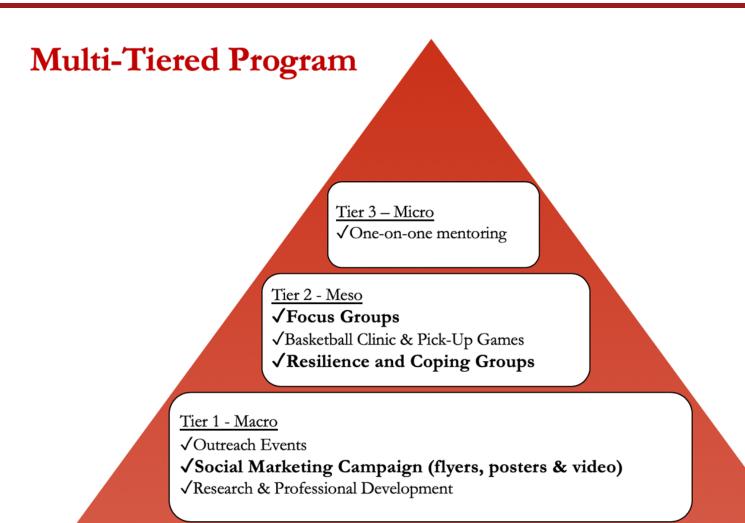






MINORITY

MENTORING





Screening

Participants

Gender

Male

Female

Trans-

Black

Other

masculine

Race/Ethnicity Latina/o

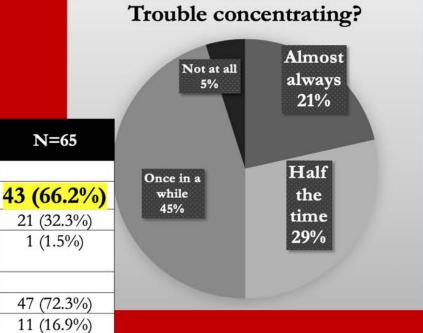
7 (10.8%)

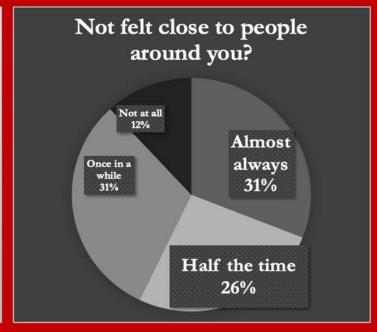




Stress Screening





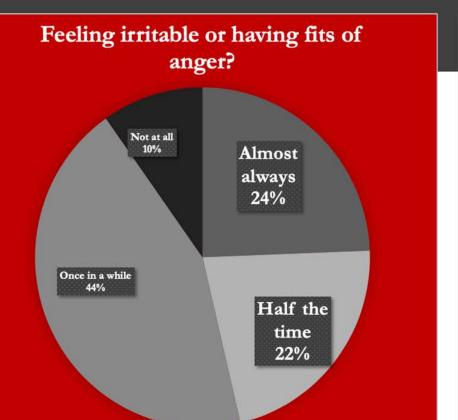


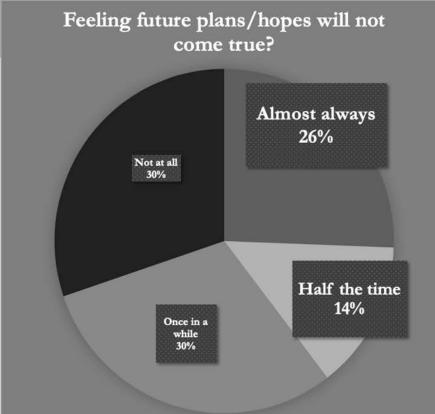






Stress Screening











Stress Support

Support Participants (N=52)									
	N	%							
Gender									
Male	28	53.8							
Female	24	46.2							
Race/Ethnicity									
Latinx	40	76.9							
Black	5	9.6							
Native American	2	3.8							
Southeast Asian	1	1.9							
Other	4	7.7							









Stress Support

Week	Session
One	Introduction, Confidentiality,
	Relaxation Exercise
	Education about Common Reactions to Stress
Two	Thoughts & Feelings
	Combating Negative Thoughts
	Individual Sessions
Three	Avoidance and Coping
	Individual Sessions
Four	Introduction & Practice to Social Problem-Solving
	Individual Sessions
Five	Exposure to Stress Memory through
	Imagination/Drawing/Writing
Six	Relapse Prevention and Graduation Ceremony

The groups experienced high attrition, but participants reported significant reductions in PTSD symptoms pre to post intervention.







Focus Groups

With everything that you've been through, what gets you up in the morning?

• "So what gets me up every morning or what gets me going is like um...I dream every night or like every day that my family is not gonna have to struggle anymore and it's gonna be good. That my two nieces are gonna grow up and not have to work while going to college even during high school to help their mom...so stuff like that keeps me going."



Focus Groups

Only 26 percent of African-Americans, 18 percent of Latinos and 26 percent of American Indians complete postsecondary degrees - with the percentages even lower among men. In solidarity we have power. Let's work together and figure out how to get more men of color graduating. succeeding and leading.

The M3 team is made up of faculty, graduate students and research assistants committed to the academic, personal and professional success of Latino, African-American/Black, Southeast Asian and other minority students.

M3 seeks to understand what motivates male college students of color and what gets in the way of their college success. We are recruiting CSUN male students of color for a series of focus groups to better understand their motivators and stressors.

The focus groups will consist of three one-hour sessions over the course of three weeks. Pizza will be provided at each session and each participant will receive two movie tickets after the third focus group meeting.

To register, please contact Alejandra Acuña at M3@csun.edu or (818) 677-7798. Instagram & Twitter: @csun_m3 Facebook: facebook.com/csunm3 www.csun.edu/m3







Focus Groups



Purposeful Vulnerability & Overly Self-Reliant

- "I think I broke out of the shell where I wasn't afraid to ask questions...You know the second I said 'F*** it' and 'yeah, I don't know. I am a student, like what's up?' You know the professor explains something and I don't get it, 'ah na' explain it again... Most importantly ask, always ask. Can't be afraid to not know - to be wrong."
- "I didn't talk with my advisor at the beginning. I was like, 'I think I got this' and 'I'll take these classes and do this' and it messed me up. I was taking classes that I didn't need to and wasting so much time."

Family Level Support/Modeling & Misunderstanding

- "If my dad can come home every day to this fucked up neighborhood and household and still get up to go to work the next day, and that environment with inhaling all these fuels and all this stuff. I was like I am pretty sure I can go to school and stress out about a book."
- On the other hand, a few reported family priorities as barriers to college success: "My dad does not necessarily put the value on the college education that am getting. Umm particularly because it is anthropology. He uh doesn't see any value in that and he just sees money, money, money."

Community Level Risk & Protective Factors

- "I wanna change how people see minorities... I wanna challenge the assumptions they have... I can do something, I can make something of myself, and I'm not just another statistic."
- "So I'm 34 years of age and out of the small group of friends that I grew up with, none of them have a 4-year degree, they don't own a master's, yet they all have criminal records... including myself."







CSUN

M3 Team

(Faculty, Undergraduate & Graduate Students)





Please stay connected: Alejandra Acuña, PhD, LCSW, PPSC Assistant Professor Department of Social Work, CSUN aacuna@csun.edu









Thank you!











Vincent T. Harris, Ph.D.

Twitter: @iamDrVTH; @MSIFULLERTON Instagram: @iamDrVTH; MSIFULLERTON

Facebook: MSIFULLERTON

@USCPullias







"Where Men of Color Achieve the Fullness of their Potential"











This is MSI-Fullerton Video



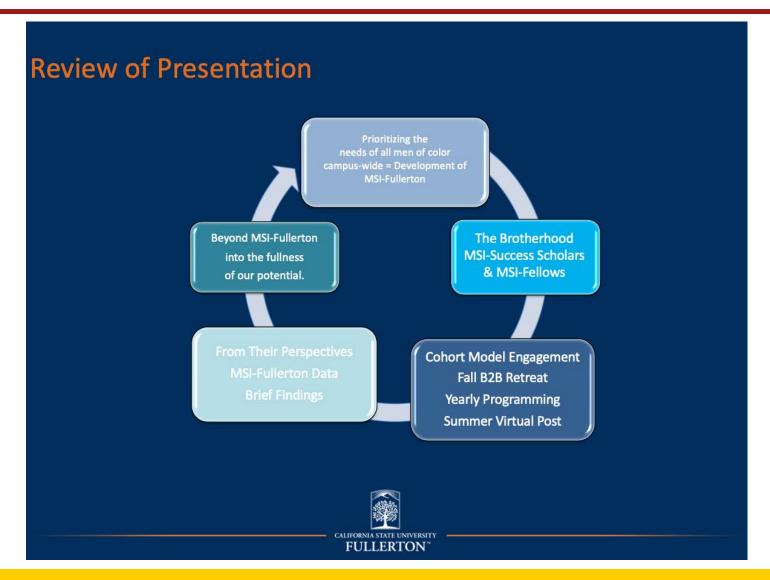




















MSI-Then and Now!

Pilot Phase

- > 2013 2014
- > 2014 2015

MSI-Fullerton Department

- ➤ As of 2016 2017
- > 2017-2018
- > 2019-2020
- > & beyond





MSI-Fullerton 4th Year...

Full Time Team

- Director
- · Senior Program Coordinator
- Department Admin Coordinator

Part-Time Team/Student Staff

- (1) Graduate Student Assistant
- (3) Student Assistants, (2) Vacant
- (5) Brother-2-Brother Peer Mentors
- (4) Faculty & Staff Success Coach (3) Vacant
- (1) Counseling and Psychological Services (MSI-Liaison)
- · TBD: Academic Advisor,



















"The Brotherhood" Scholars Program & Fellows Program

Success Scholars

JOIN OUR SCHOLARLY BROTHERHOOD



WHERE UNDERGRADUATE MEN OF COLOR ACHIEVE THE FULLNESS OF THEIR POTENTIAL

MSI-SUCCESS SCHOLARS SCHOLARSHIP

Selected scholars will receive a one-year merit scholarship of \$3,000 each academic year starting with the 2017-2018 scademic year. This scholarship is a 4-year renewable scholarship, capped at \$3,000 per year (for a total not to exceed \$12,000). The MSI-Success Scholars Initiative is grazed to support (15) incoming freshmen men of color to enrich their student experiences, support the retention of trien of color at CSUF, and help to alleviate academic related

MSI-Fellows













The Facts Then...

FTF CSUF Native Men of Color Avg GPA															
Cohort	American Indian			Asian/Pacific Isl		Black		Hispanic			Two or More Races				
	Cohort size	Average GPA	Average Cum Units	Cohort #	Average GPA	Average Cum Units	Cohort	Average GPA	Average Cum Units	Cohort	Average GPA	Average Cum Units	Cohort #	Average GPA	Average Cum Units
Fall 2012	3	2.78	80.7	457	2.79	113.2	32	2.42	92.8	724	2.55	100.3	96	2.71	109.2
Fall 2013	3	2.45	52.1	430	2.65	91.9	41	2.52	76.2	834	2.53	86.3	86	2.6	89.4
Fall 2014	2	2.39	46	453	2.7	75.3	24	2.57	69.4	716	2.57	69.9	88	2.86	78.3
Fall 2015	2	2.03	41.5	427	2.84	55.3	33	2.72	51.2	784	2.58	50.3	83	2.77	54.4
Fall 2016	3	2.73	31.7	396	2.82	31.5	36	2.38	24	771	2.54	29.6	71	2.79	32.5
All	13	2.48	51.4	2163	2.76	73.44	166	2.52	62.1	3829	2.55	67.1	424	2.74	75.2
Enrolled Spring 17	7	2.73	58.9	1741	2.89	78.8	118	2.72	68.2	2918	2.75	73.5	319	2.88	78











MSI-Scholarship
The Male Success Initiative-Fullerton's Success Scholars

JOIN OUR SCHOLARLY BROTHERHOOD



WHERE UNDERGRADUATE MEN OF COLOR ACHIEVE THE FULLNESS OF THEIR POTENTIAL

MSI-SUCCESS SCHOLARS SCHOLARSHIP

Selected scholars will receive a one-year merit scholarship of \$3,000 each academic year starting with the 2017-2018 academic year. This scholarship is a 4-year renewable scholarship, capped at \$3,000 per year (for a total not to exceed \$12,000). The MSI-Success Scholars Initiative is geared to support (15) incoming freshmen men of color to enrich their student experiences, support the retention of men of color at CSUF, and help to alleviate academic related financial barriers.

> **Cohort 4 Application Timeline Open Spring 2020 TBA** Close Spring 2020 TBA Subject to change

WHO IS ELIGIBLE TO APPLY?

- Apply and qualify for admissions to Cal State Fullerton as a first-time Freshman
- · Demonstrate high motivation and academic potential to succeed in college
- · Be classified as a California resident by Cal State Fullerton's Admissions and Records
- Must apply for Federal Student Aid (FAFSA) by the state priority deadline as listed on the application
- · Demonstrate an awareness of the support and needs of underrepresented student groups *Currently this is only supporting first-time incoming or first semester freshman (first-time Transfer students are not eligible)

APPLICATION AWARD

- \$3,000 Each Recipient (\$1,500 per
- semester)
- *Times 4 years totaling up to \$12,000
- (Contingent on completion of requirements)
- **This scholarship does not fund summer semesters.

MAINTAINING SUCCESS SCHOLAR ELIGIBILITY:

To remain eligible for the program once the scholarship has been awarded. brothers must:

- · Maintain a 3.0 GPA or higher for (4) years starting Fall 2017 · Maintain continuous enrollment at Cal State Fullerton
- · Abide by all University standards for appropriate conduct & community behavior
- · Participate in major specific enrichment programs
- · Be receptive to staff monitoring academic performance & university records
- · Participate in a total of (32) community service hours, 16 hrs each semester (Fall/Summer) for a total of (4) years

MORE THAN A SCHOLARSHIP...IT'S A BROTHERHOOD

- Maintain ACTIVE participation in all year long MSI-programming & events
- · Follow the MSI-Brotherhood Code
- Attend local, regional, national student leadership conferences
- · Secure summer career related opportunities
- · Maintain and establish career plan freshmen-senior year

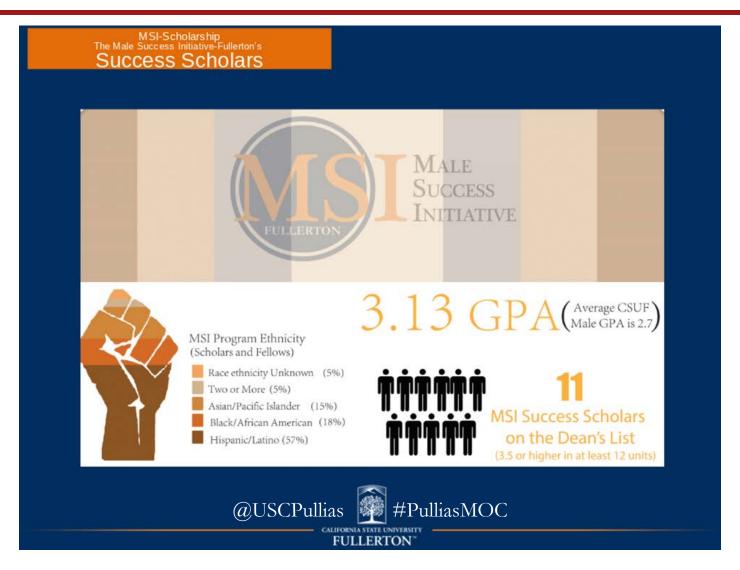
@USCPullias #PulliasMOC

APPLY ONLINE: WWW.FULLERTON.EDU/MSI/

















MSI-Scholarship The Male Success Initiative-Fullerton's Success Scholars

Voices Of Our Brothers

"Thank you for seeing potential in me and for seeing me as a real man"



"I think brotherhood is... just being there for one another...you might not talk for weeks or months but...you feel comfortable saying hey I need this, like I need help with this, can you help me out?"



"Everyone just came in and said... its going to be okay. To me that was love. That is brotherhood."

MSI-Success Scholars College Distribution



















FULLERTON















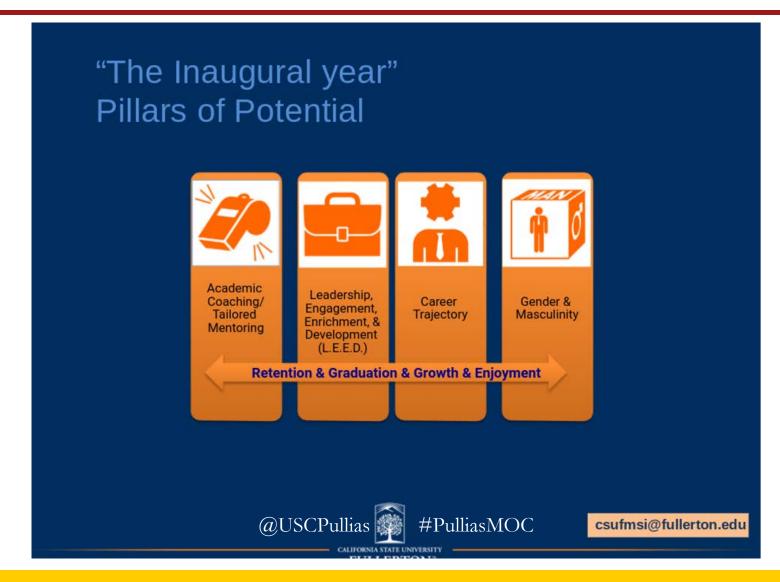








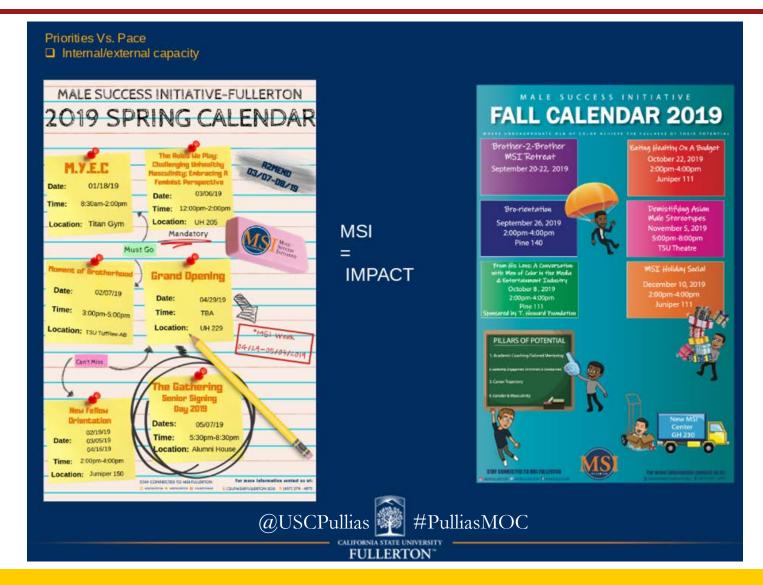


















Intent Vs. Impact

Brother-2-Brother Peer Mentoring Program



Academic Coaching

The (1st) Pillar of Potential MSI-Fullerton Academic Coaching allows us to set high expectations for our brothers in tandem with high academic support. We aim to initiate this high level of support by developing individual and group programming that deconstruct the hidden curriculum of higher education spaces.





@USCPullias



FULLERTON









Networks = Graduation = Careers



L.E.E.D.

The (2nd) Pillar of Potential serves as a driving thrust of our programming and curriculum model. The second Pillar: LEED- Leadership. Engagement. Enrichment. & Development is embedded within our curriculum and produces programs and events that are specific to brotherhood development outcomes.

Circle Of Change Leadership Conference



CSU-DH



CSUF The Brotherhood Collective





FULLERTON

csufmsi@fullerton.edu















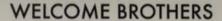


(a)USCPullias











BROTHER 2 BROTHER RETREAT









Gender & Masculinity

The (4th) Pillar of Potential serve as a foundational pillar of our work. Gender & Masculinity serves to reimagine traditional gender and masculine norms often associated with men of color (MOC) in higher education spaces



Intent Vs. Impact

@USCPullias

#PulliasMOC

FULLERTON









MSI-Fullerton



An Equal Playing Field

















The new MSI-Fullerton Center consists of (7) office spaces: (3) staff offices, (1) graduate student space, including [2] student assistant staff. (1)shared multipurpose student study space equipped with classroom presentation smarttechnology for hosting workshops, video conferences, and presentations, (1)computer lab and group study room with free printing. And lastly, (1) room to dedicated to the "Brother-2-Brother Mentoring Program".





@USCPullias









"WHERE MEN OF COLOR ACHIEVE THE FULLNESS OF THEIR POTENTIAL"

STAY CONNECTED TO MSI-FULLERTON



FULLERTONMSI

MSIFULLERTON

Vincent T. Harris, PhD Director, Male Success Initiative-Fullerton

vharris@fullerton.edu

@lamDrVTH



















Thank you!

@USCPullias



Reflections and takeaways





Craig Elliott, Ph.D.
Twitter: @DrCraigElliott
Instagram: @cmedos; @myacpa

@USCPullias







Questions and answer with panelists









Next Steps

USC Pullias is doing:

- Research paper presentation about three men of color programs in at NASPA next month (Tuesday 3/31 10:15am-11:05am, JW 203)
- Literature review scan of best practices to support men of color in higher education (Early Summer 2020)
- Toolkit for practitioners working with or developing a men of color program (Fall 2020)
- Follow @USCPullias on Twitter, FB, or Linkedin for updates on our practitioner tools and future webinars focused on men of color for 2020.

@USCPullias









THANK YOU!



Alejandra Acuña | IG: csun_m3 | email: m3@csun.edu FB: CSUN Minority Male Mentoring

Craig Elliott | @DrCraigElliott @acpaprez

Vincent T. Harris | @IAMDrVTH | @MSIFULLERTON

Adrian H. Huerta | @AdrianHuertaPhD | ahhuerta@usc.edu

USC Pullias Center for Higher Education | @USCPullias